

10U Soccer Rules

Teams

- Teams will field 7 players, a goalkeeper and 6 other players.
- Substitutions
 - After a goal is scored
 - Any goal kicks.
 - Between halves
 - Any injury timeouts
 - Throw in with your team in possession.

Games

- Two 25-minute halves. Officials will keep time on the field.
- 5-minute half time.

Play

- A size 4 ball will be used.
- Offsides- Yes
- Penalty Kicks- Yes
- Fouls- will result in either an INDIRECT KICK or DIRECT KICK dependent on the call.
 - Opponent must be 10 yards off the ball.
- Goal kicks- will adhere to FIFA LAWS and taken in the goal area.
- Throw Ins- will adhere to FIFA LAWS (no do-overs)
- Corner Kick-must touch the corner arc before being kicked.
 - Opponents must be 10 yards off the ball.
- Headers- NO
- Slide Tackles- NO
- If the game ends in a tie, we will go to penalty kicks to break the tie.

Special Rules

- No coaches will be allowed to be on the field or behind the goal to help instruct players.
- NO SPECTATORS ALLOWED TO SIT ON THE COACHES AND PLAYERS SIDE OF THE FIELD

Conduct

Misconduct will not be tolerated, that goes for parents, players, and coaches. Any player or coach that is dismissed will sit out the remainder of the game they were dismissed from and the next game.